

Primind Ajutor Viata Este Luminoasa

Asociatia parintilor cu copii bolnavi de cancer, leucemii si anemii grave

www.asociatiapavel.ro



10 mai - P.A.V.E.L. implineste 25 de ani de implicare si de activitate pentru copiii bolnavi!

La multi ani!

Cancer Help Line: 0800. 800. 421



ACTIVITY REPORT 2020

www.asociatiapavel.ro

PAVEL

P.A.V.E.L. association is a charity, nonprofit , non-governmental , apolitical and without religious affiliations association, founded on the 10th of May 1996.

MISSION

Improvement of children and teens diagnosed with cancer, leukemia and grave anaemias by granting relief through moral, psychological, social and material support for sick children, teens and their families

VISION

PAVEL association exists because humanitarian help, hope and compassion are conditions of survival in the dramatic situations of being confronted with the diagnostic.



SOCIAL SERVICES

The social services are aiming to increase the quality of life during of oncological therapy and special care.

Social services represent the activity or the pack of activities realised for social, as well as special, individual, familial or group needs, in order to overcome difficult situations, prevent and combat the risk of social exclusion, promote social inclusion and increase quality of life.

SOCIAL SERVICES

- Information – about social and economic rights
- Social counselling;
- Mediation;
- Financial support and humanitarian help for emergencies (mainly medical tests and medication, food, hygiene products, etc.);
- Free accommodation.



BENEFITS OF SOCIAL SERVICES IN HOSPITAL

- Parents and tutors know their social and economic rights;
- Facilitating the relationship with other social services providers – public institutions and NGOs in the field;
- Tutors can find immediate financial support for food, personal care items, medication and medical investigations.
- They can have free accommodation for day hospitalization/periodical controls.



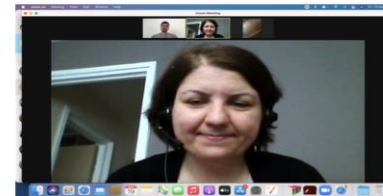
PSYCHOLOGICAL SUPPORT SERVICES

- Psychological counselling;
- Group therapy;
- Psychological evaluation;
- Sensorial integration therapy;
- Art and play therapy;
- Occupational therapy;
- First helpline for pediatric oncology problems in Romania.

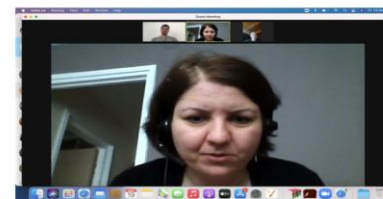


Issues addressed – pandemic times

- Dealing with a difficult situation;
- Cognitive distortions, fear, self-doubt, insecurity, panic attacks, anger;
- Difficulties in convincing children to wear the protective mask ;
- Boredom, problematic relationships, relational conflicts (stubbornness, lack of communication);
- Difficulties with laughing and smiling;
- Formation of false beliefs (hasty conclusions, misinterpretation of situations);
- Rejection of rules and an established program;
- Lack of responsibility and commitment;
- Refusal of treatment or specific investigations.



Sesiune Consiliere școlară pe tema orientării vocaționale și alegerea profesiei viitoare în cadrul proiectului "Școala pentru toți". Tudor a descoperit cu ajutorul lui Iulia, o voluntară implicată și cu spirit proactiv, tehnica tetralemiei, ce poate fi utilizată de el atunci când e nevoie să facă alegeri și simte nevoia de o sursă suplimentară de inspirație. De asemenea ținând cont că tema sesiunii a fost orientarea în carieră, tânărul elev a luat contact și cu analiza SWOT. |



BENEFITS OF PSYCHOLOGICAL SUPPORT

- Getting out of isolation and loneliness, inoculating hope;
- Catharsis (releasing negative feelings through uncensored expression of emotion);
- Relaxation;
- Development of creativity and imagination;
- Increasing treatment compliance among children and teenagers;
- The opportunity to express emotions, thoughts, fears;
- Fear management (awareness that fear can be overcome; the difference between real and imaginary fear);
- Strengthening self-esteem, reducing depression, anxiety and emotional fragility;
- Increasing the energy needed to cope with the changes caused by the traumatic experience of the disease ;
- Awareness of the resources held and the fact that they can contribute to their own path of care and healing;
- Sharing one's own life and illness experiences;
- Learning the importance of rules and their benefits.

EDUCATIONAL SERVICES

- Assessment of special educational needs;
- Information and counseling – about the hospital school, the home school and the virtual school;
- Remedial education – identifying gaps and adapting an individualized education plan for each beneficiary;
- Deepening knowledge in subjects of interest to students in hospitals – foreign languages, Romanian language, mathematics or economics;
- Purchase of necessary items for school (school bag, school supplies, tablet, auxiliaries etc.)



HOSPITAL SCHOOL-BENEFITS

- Continuous adaptation to the educational needs of each beneficiary;
- Providing educational support throughout cancer treatment – hospital school, home and virtual school;
- Filling gaps in education – literacy, learning numbers
- Access to a dedicated educational platform;
- Practicing knowledge in the field of foreign languages and in basic subjects for exams: Romanian language, mathematics, history, geography or economics;
- Providing necessary items for education (books, school supplies, tablet, auxiliaries, etc.)



ALTERNATIVE ACTIONS

- Public awareness information and campaign – online
- Tea at 5 o'clock Project – every child, teenager and the companion (mother, father or grandmother) receives tea, coffee and something sweet
- Christmas, Easter, Children's Day – distributing the gifts ;
- Poppies Day– 7 edition;
- Santa's Letters Blog – looking for sponsors and distribution of gifts around all cities



SPECIAL EVENTS

- 15th of February, Children's Day with Cancer. Festive moments with children and their companions;
- 1st of March, Martisor. Children and parents, under the guidance of specialists and volunteers, can create martisoare that they offer as a gift to mothers and medical staff;
- 8th of March, Mother's Day. Mothers and grandmothers receive small gifts;
- Celebrating Easter in hospital: gifts and traditional products for children parents;
- 1st of June, Children's Day.

These events aim to bring a smile to the faces of children being treated in Bucharest hospitals.



Pizza as gift for the children in hospital



Poppies day - 2020

ALTERNATIVE ACTIONS



Poppies Day – A memorial Day dedicated to the children and teenagers who lost the life in the battle with cancer



BIRTHDAY AND ONOMASTIC DAYS CELEBRATIONS IN HOSPITAL



Radu again with us at a new party



David Andrey got his
gift for the name day



Carol being a really happy teen!



Andreea celebrated her birthday with as

Financial information for the year 2020

Incomes from non-patrimonial activities – 2 053 257 lei, which are:

- Income from donations: 119 344 lei
- Income from the amounts or goods received through sponsorship: 1 390 021 lei
- Income from the amounts or goods received through 2% and 3.5%: 52 313 lei
- Income from the amounts or goods received through sponsorship 20%: 17 019 lei
- Income from the amounts or goods received through sponsorship Your Cause: 45 000 lei
- Income from the amounts or goods received through sponsorship FDSC: 14 901 lei
- Interest income from AFSP placement: 3 lei
- Income from exchange rate differences: 11 374 lei

Expenses regarding activities without patrimonial purpose: 1 812 632 lei, which are:

- Expenditure on consumables: 2902 lei
- Fuel expenses: 4795 lei
- Expenditure on inventory items – durable items: 24 471 lei
- Expenses with unsorted materials: 7 544 lei
- Expenditure on energy, water and maintenance and repairs: 9 708 lei
- Expenses with insurance costs: 4 411 lei
- Transport services expenses: 878 lei
- Expenses with internal and external travel: 0 lei
- Expenses with postal taxes and communication taxes and costs: 33 383 lei
- Banking expenses: 2 400 lei
- Other expenses with services provided by third parties – external services: 175 400 lei
- Expenses with other taxes and fees: 892 lei
- Expenses with staff salaries and employment insurance: 473 304 lei
- Costs for employment contributions to the state work system: 10 647 lei
- Penalties or fines: 250 lei
- Donations and financial helps to the target groups: 1 002 242 lei
- Real estate depreciation costs: 7 731 lei
- Expenses from exchange rate differences: 51 720 lei

The result of activities without patrimonial purpose - surplus: 240 625 lei

Main partners and financing bodies

- DELL Technologies - Education Never Stops! – Educational Project
- Société General Global Solutions Centre Romania – Hospital School – School for All
- PRO TV – a project for social and educational support in hospitals
- United Way Romania Foundation - "Access to integrated social services for children with cancer".
- Private persons and employees small companies and international companies active in Romania
- The Romanian Lottery
- The Special High School nr. 3 și other NGOs involved in the same field aiming children and youth with somatic disabilities
- The Oncological Institute Professor Al. Trestioreanu and Clinical Institute of Fundeni – Bucharest

DIRECTIONS TO FOLLOW

- The realization, consolidation and optimization of multidisciplinary services in oncology hospitals for children/adults of all ages must lead to a social integration/reintegration of each beneficiary;
- Creating for families belonging to people/children with disabilities, a secure, reliable environment, with human and material resources to meet the identified needs;
- Developing projects with multidisciplinary approaches and methods to help a socially and emotionally vulnerable person: trust, security, the common good and achieving that emotional balance that contributes to compliance in cancer treatment.
- Facing difficult times of COVID 19 pandemic situation in hospitals and patients with cancer networks



Diagnosed child
with cancer

Surviving child of
cancer

Dell Technologies



United Way Romania

PRO TV

 **UniCredit Bank**

Herlitz Romania



**We thank the partner, sponsors and donors for all the
support provided in 2020**